

**Virtual On-Site Counselling-
for our front-line team**

Set up a phone counselling session with Employee and Family Assistance (EFAP) counsellor

When? Tuesday/Thursday - 11am to 3pm

Your Employee and Family Assistance Program (EFAP) is committed to providing anywhere, anytime support.

Why a pre-scheduled telephonic counsellor?

Our business is constantly changing; how we support you is changing as well. We are providing confidential phone access to a dedicated counsellor to supplement our standard 24/7 call-in support.

We invite you to make use of this virtual on-site counselling support. We believe this benefit reflects our continuing commitment to the emotional well-being of our front-line team.

To schedule a 45 minute consultation please book an appointment by contacting Claude Bourque at:
firstaccessservices@lifeworks.com

**Support Virtuelle - pour notre
équipe de première ligne**

Organiser une session téléphonique avec un spécialiste de l'aide aux employés et aux familles (PAEF)

Quand : mardi/jeudi - 11 h à 15 h

Votre programme d'aide aux employés et à leur famille (PAEF) s'engage à vous fournir un soutien en tout temps et en tout lieu.

Pourquoi un conseiller téléphonique planifier à l'avance?

Notre activité est en constante évolution ; la manière dont nous vous soutenons change également. Nous fournissons un accès téléphonique confidentiel pour compléter notre assistance téléphonique standard 7 jours sur 7.

Nous vous invitons à faire usage de ce soutien. Nous pensons que cet avantage reflète notre engagement continu pour le bien-être émotionnel de notre équipe de première ligne.

Pour organiser un appel de quarante-cinq minutes svp communiquer avec Claude Bourque au:
firstaccessservices@lifeworks.com

COVID-19: Supporting our clients and their workforce

Communication and Information

- Content available on [LifeWorks](#) or [worklifehealth.com](#)
- Tool kits – download and provide to your workforce,
 - Click [here](#) for available topics
 - Additional content being added weekly
- [Updated Information](#), as changes unfold
- Communication consulting*

Education and Awareness

- Workplace support, no cost [webinars](#) – select individual topics, *“Talking to your child about Covid-19”*
- Virtual *roundtables* for HR Executives
- Leverage [LifeWorks](#) feed or [worklifehealth.com](#), to promote awareness and educate your workforce.
- Resiliency training*

Support and Tools

- Promote your Employee and Family Assistance program (EFAP)
- Provide digital mental health support through [AbilitiCBT](#)*
- Cover additional populations through EFAP*
- Consider adding a telemedicine to your program – low cost COVID-19 options*
- [First Access Services](#)*

Managing through COVID-19

- Research & guidance on key issues, send questions to your Morneau Shepell relationship manager
- Advisory support on absence, disability management and mental health*
- Pandemic leave management (for disability management clients)*
- Trauma support, connect with your Morneau Shepell relationship manager*

*Additional fees may apply