



# STEPPED CARE MODEL

## Staff Information Sessions

Beginning in October we will be rolling out an exciting new support tool related to well-being, supports & services. We are extending multiple opportunities for you to join us to learn more about the tool, how it works, and why this will benefit you, your colleagues and the organization in promoting and nurturing psychological well-being and self-care.

### Please Join Us In Person

Thursday October 12th    1pm- 2pm  
Atrium Auditorium            or 2pm - 3pm

### Please Join Us In Virtually

October 6th - 11am - 12pm	<b>Zoom Meeting ID</b>
October 11th - 11am - 12pm	568 385 1644
October 25th - 11am - 12 pm	Or register by emailing <a href="mailto:wellness@waypointcentre.ca">wellness@waypointcentre.ca</a>